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<http://www.horizon.adams12.org>

<b>School Year</b>	2021-2022	<b>Teacher Name</b>	Emily McCloud
<b>Office</b>	F0607	<b>Digital Classroom</b>	Schoolology
<b>Phone</b>	720-972-2430	<b>Off Hours</b>	2nd, 5th, 6th (Fall)
<b>Email Address</b>	emily.a.mccloud@adams12.org		2nd, 6th, 7th (Spring)

<b>Course Name</b>	Culinary Nutrition		
<b>Course Description</b>	The purpose of this course is to develop lifelong, healthy individuals with an understanding of healthy eating and how to prepare nutritious foods utilizing various resources and skills. Emphasis is placed on implementing healthy nutritional choices, preparing nutrient-dense seasonal foods, and understanding nutrition requirements across the lifespan.		
<b>Unit of Study</b>	<b>Grade Level Expectations/Content Standards</b>	<b>Approximate Time Spent or Percent of time Spent</b>	<b>Targeted Date of Assessment</b>
<b>Factors Affecting Food Choices</b>	NS14.0 Analyze factors that influence nutrition and wellness practices across the lifespan.	1 week	Quarter 1
<b>Food Safety and Sanitation Principles and Applications</b>	NS 8.0 - Integrate knowledge, skills and practices required for careers in food production and services. NS 9.0 Integrate knowledge, skills and practices required for careers in food science, food technology, dietetics, and nutrition.	2 weeks	Quarter 1
<b>Cooking Methods</b>	NS 9.3 Evaluate nutrition principles, food plans, preparation, techniques and specialized dietary plans. NS 9.7 Demonstrate principles of food biology and chemistry	2 weeks	Quarter 1
<b>Nutrient Principles and Applications</b>	NS 9.7 Demonstrate principles of food biology and chemistry NS 14.0 Demonstrate nutrition and wellness practices that enhance individual and family well-being. NS 14.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the lifespan.	7-8 weeks	Quarter 2
<b>Sustainability Principles and Applications</b>	CO: Analyze sustainability practices and how they relate to food choices, preparation, and waste management.	1 week	Quarter 2
<b>Special Diets and Global Influences on Diet</b>	NS 9.4 Apply basic concepts of nutrition and nutrition therapy in a variety of settings, considering social, geographical, cultural, and global influences.	3 weeks	Quarter 2
<b>Every Unit</b>	21st Century Workplace Essential Skills	All Semester	Monthly

<b>Grading Scale</b>		<b>Grade Percentages/Weights</b>	
<b>A</b>	90-100	<b>Summative Assessments &amp; Projects</b>	<b>80%</b>
<b>B</b>	80-89		
<b>C</b>	70-79	<b>Formative Assessments &amp; Projects</b>	<b>20%</b>
<b>D</b>	60-69		
<b>F</b>	59 or below	*Weekly progress grades are posted at <a href="https://ic.adams12.org/campus/portal/adams12.isp">https://ic.adams12.org/campus/portal/adams12.isp</a>	

### General Expectations

- Grades are based upon the demonstration of proficiency on units associated with a standard given during each formative or summative assessment. Formative grades in addition to summative unit assessments will be used to holistically determine your grade.
- **Summative: 80%** Summative measures of achievement are taken when unit master is expected. (i.e., unit tests, culmination of a project, embedded assessments, etc.)
- **Formative: 20%** Formative assessments measure the scaffolding skills and/or content embedded in the unit. Formative assessments are taken frequently, after a student has practiced a skill or become familiar with content. Examples of formative assessments include but are not limited to exit tickets, paragraphs, oral check for understanding, warm-ups, stages in a large project, etc.
- Assessments will be graded based on teacher, district, or state rubrics.
- Grades are based on achievement of Content Standards and Grade Level Expectations.

### Class Expectations

**Missing or incomplete assignments/assessments for this course:** Superintendent Policies 6280 Homework and 6281 Make-Up Work, will be followed for this course.

#### Materials:

- Chromebook Daily - charged and ready
  - **\*\*Highly recommend students have a notebook and/or paper available to them with appropriate writing utensils.**
- Tupperware container to transport leftover food.

#### Absence/Attendance Policy:

- You are expected to attend school and actively participate in class daily. You are not entitled to earn credit for work missed during unauthorized absence. You will have the number of days absent plus one additional day to make up any missed work for authorized absence.

#### Late Work:

- Excused absences have the number of school days missed plus one day to make up assignments, tests, quizzes, etc.
  - You will receive 10% off for each day turned in late.
  - After a week it will not be graded
- Unexcused absences will receive no more than 50% of credit if turned in upon the day of return.
- Missed labs must be made up at home and the student will need to provide the ingredients for the recipe. The student must then turn in the completed make-up form including pictures of the prepared recipe, signed by a parent or guardian. No credit will be given without this document.

#### Tardy Policy:

- You need to be in class on-time, ready to learn when the bell rings.
- Four or more tardies will result in a consequence. .

#### Cell Phones/Headphones/Backpacks:

- These items are not to be used in class unless directed by the teacher.
- They should remain out of sight, out of sound.
- Absolutely no cell phones in labs!

#### Safety:

- We will use tools and equipment which can cause harm if used inappropriately, therefore it is important students follow all safety rules and procedures in the classroom and labs. Inability to comply with the safety rules and procedures will result in loss of privilege.

### Student Expectations

- Students are expected to be in class, on time, ready to learn.
- Students will be prepared for class with needed materials daily.
- Students will be respectful and tolerant of one another's experiences and points of view. Harassment of any kind will not be tolerated.

*"Leave it better than you found it." Robert-Baden Powell*